Osseo Area Schools Student Wellness Advisory Committee

March 13, 2019

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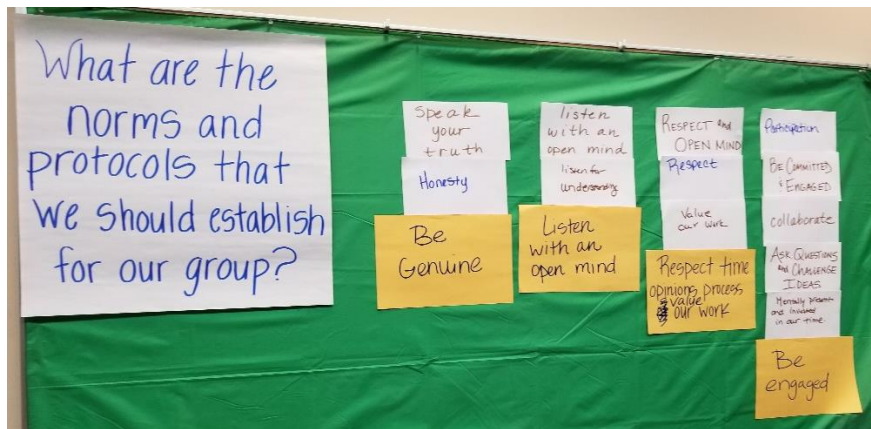
OSSEO AREA SCHOOLS
ISD 279

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Charge Statement/Purpose:

The purpose is to provide accountability measures for policy implementation

- **The Student Wellness Advisory Committee will advise on implementation, ongoing review, and evaluations of the school districts wellness policy in order to improve the achievement of all students.**
- **The committee members serve in an advisory role to the Wellness Coordinators on the implementation of school board Policy and Procedure 533-Wellness**

WHAT ARE THE NORMS AND PROTOCOLS THAT WE SHOULD ESTABLISH FOR OUR GROUP?			
Be Genuine	**Listen With An Open Mind**	**Respect Time, Opinions, Process, and Value our Work**	**Be Engaged**
• **Speak your truth** • **Honesty**	• **Listen with an open mind** • **Listen for understanding**	• **Respect and open mind** • **Respect** • **Value our work**	• **Participation** • **Be committed and engaged** • **Collaborate** • **Ask questions and challenge ideas** • **Mentally present and invested in our time**

What area or topic needs more explanation or learning?

- **Who ensures Wellness Policy is followed in each school?**
- **How are school staff versed on this policy and are they?**
- **How are menus developed and are all menus diversified?**
- **Where/how is SEL/Mental heath wellness addressed in Proc/Policy and within district**
- **Please define culturally responsive phy-ed and is this being done?**
- **How long has the Wellness Committee been in place?**
- **How has this been shared with all staff?**
- **What is the training that has taken place?**
- **How do we/will we get system level support?**
- **Policies that need change**
- **Who is monitoring food and beverage marketing?**
- **What are competitive foods?**
- **Where is emotional or mental wellness….?**
- **Parent participation/education**
- **How do we meet the social emotional part mentioned in policy?**
- **How do ensure access?**
- **How is the culturally responsiveness measured?**
- **Nutrition is heavy-is it a balanced approach?**
- **How do we make sure information is shared? To parents…. to students**